

Mental Health First Aid Training for Veterans



Tuesday, December 11, 2018 8:00 am - 5:00 pm
Oregon Veteran's Home - Lebanon

Mental Health First Aid training for Service Members & their Families focuses on the unique experiences and needs of veterans, service members and their family. The course is designed to prepare participants to assist someone experiencing a mental health or substance use-related crisis.

Takeaways include:

- Learn about military culture and its relevance to mental health
- Learn about the specific risk factors faced by service members & their families, such as trauma, stress, and separation.
- Learn a five-step action plan, ALGEE, to support someone developing signs and symptoms of a mental illness or in an emotional crisis
- Learn information about common mental health resources for service members & their families
- Receive Veteran AMHFA 3 year certification.

To Register visit:

<https://www.linncountyhealth.org/adg/webform/mental-health-first-aid-registration>

For more information: Linn County Health Services

Phone: (541) 967-3819

Email: prevention@co.linn.or.us

Funding and sponsorship for this course provided by:

Linn County Veterans Services Samaritan Health Services Linn County Health Services

