

**Published
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What is the CHIP?

The Community Health Improvement Plan (CHIP) was developed based on the findings of a Community Health Assessment led by a committee of community partners and stakeholders. The CHIP was designed for a four year implementation process, beginning in 2012 and ending in 2016. This quarterly newsletter looks to highlight identified community efforts towards reaching the overall goals.

If you want to get connected or share your information, please contact Zoe Kellett zkellett@co.linn.or.us

Access to Care

Upcoming Events

April 2: "Health and Housing" LBHEA presentation
12-1:30pm at OSU Extension Services

May 7: "Regional Healthy Communities" LBHEA presentation
12-1:30 at OSU Extension Services

May 14:
"HEART to Heart Resource Fair"
9am-1pm at the Boys and Girls Club of Albany

Linn County Community Health Improvement Plan (CHIP) 2012-2016 Winter Quarter Newsletter

Access to Care

- The Albany Area Metropolitan Planning Organization (AAMPO) is a venue for collaboration and coordination about regional transportation planning. Theresa Conley has been visiting stakeholders and community partners to inform them about AAMPO planning activities and upcoming involvement opportunities, particularly regarding development of an AAMPO Regional Transportation Plan.

Theresa Conley, AAMPO Coordinator tconley@ocwcog.org

- Women, Infants and Children (WIC) has begun offering an oral hygiene "mini prevention exam" once a month in Albany and Lebanon. The exam includes education, assessment, referral to low income or free services, as well as the application of fluoride varnish as needed.

Cindy Cole, WIC Coordinator cycole@co.linn.or.us

- The Linn-Benton Health Equity Alliance (LBHEA) and Organización de Latinas Unidas (OLU) hosted a discussion about issues affecting the health of our Latino community. *Linn-Benton Health Equity Alliance linnbentonhea@gmail.com*



Members of OLU lead a discussion on issues affecting our Latino community.

- The Linn-Benton Hispanic Advisory Committee (HAC) has received the City of Albany Human Relations Award to promote equity in our community through activities such as the annual Festival Latino.

Tammy Skubinna, HAC Co-chair, skuby1@comcast.net

- Members of the Linn-Benton Health Equity Alliance led a Learning Community training for medical students at the College of Osteopathic Medicine NW. *Linn-Benton Health Equity Alliance linnbentonhea@gmail.com*

Behavioral Health

Upcoming Events

Mental Health First Aid Trainings:

April 8th, April 29th

May 8th, May 15th

At Linn-Benton

Community College

Register online at

[www.co.linn.or.us/
health/first-aid/mh-first-aid.php](http://www.co.linn.or.us/health/first-aid/mh-first-aid.php)

Behavioral Health

- Life Skills Training, a research-based prevention curriculum, is offered to 4th and 6th graders in every school district in Linn County this year.

*Danette Killinger, Linn County Alcohol and Drug
dkillinger@co.linn.or.us*

- STAND Youth Council developed and distributed a positive social norm poster encouraging students not to drink over Spring Break. *Shannon Snair, Linn County Alcohol and Drug* ssnair@co.linn.or.us



STAND Youth Council's Spring Break positive social norm poster.

- Since February 2014, Linn County has held 12 Mental Health First Aid Trainings, and certified 215 participants as Mental Health "First Aiders". Participants of the training learn how to help people developing a mental illness or in a crisis.

Kathryn Henderson, Mental Health First Aid Instructor khenderson@co.linn.or.us

- Linn County Mental Health has decreased initial appointments from a two or three week wait time to same day appointments in Albany.

Chronic Disease

- Sunrise Elementary has been awarded the *Fuel Up to Play 60* grant from the National Dairy Council, and has started a Wellness Leadership Team to address issues of nutrition and physical activity within their school.

Iris Carrasco, OSU Extension Nutrition Educator, iris.carrasco@oregonstate.edu

- CATCH (Coordinated Approach to Child Health) is a grant-funded program currently implemented at 11 schools and four community organizations in rural Linn County. CATCH focuses on nutrition education, physical activity and community outreach for grades K-5.

Rich Waller, CATCH Program Director rwaller@samhealth.org

- The Regional Chronic Disease Self-Management team has been awarded a *Sustainable Relationships for Community Health* grant by Oregon Health Authority. This grant provides the opportunity for facilitated discussions to engage cross-sector leaders involved in health system transformation and develop innovative new models of care for heart disease, diabetes and pre-diabetes. *Erin Sedlacek, Healthy Communities Coordinator* esedlacek@co.linn.or.us



The Wellness Leadership Team at Sunrise Elementary works on designing Healthy Lifestyle posters.

Chronic Disease Upcoming Events

April 15:
“Let’s Get Cookin’”
Childhood Obesity
Prevention Summit
10am-3:30pm at
Samaritan Lebanon
Community Hospital

April 7-May 12:
“Living Well with
Chronic Conditions”
Workshop
2:00-4:30pm at
Samaritan Lebanon
Community Hospital
contact
miheath@samhealth.org

Tobacco Use Upcoming Events

April 2: Community
Training
“Dabbing and
Emerging Trends”
8:30-11:30am at Linn
County Fairgrounds

Chronic Disease (continued)

- Linn County Public Health has been meeting with Linn County Principals to encourage the creation of School Wellness Committees and offer technical assistance and resources. *Zoe Kellett, Community Wellness Coordinator zkellett@co.linn.or.us*
- The 6th annual Childhood Obesity Prevention Summit “Let’s Get Cookin’” is exploring the theme of Food As Medicine, and highlighting childhood obesity prevention efforts and policy opportunities throughout our region. *JoAnn Miller, Community Benefit Director for Samaritan Health Services jomiller@samhealth.org*
- The Linn Benton Lincoln Colorectal Screening Project has recently been funded to increase awareness and colorectal cancer screenings across the region. *Erin Sedlacek, Linn County Healthy Communities Coordinator esedlacek@co.linn.or.us*
- Samaritan Health Services has hired a new Health Education and Engagement Coordinator, Mitch Heath, who has received certification as a Master Trainer of the Living Well with Chronic Conditions program. This certification will allow him to train leaders to facilitate the workshops in order to grow the program. *Mitch Heath, Health Education and Engagement Coordinator miheath@samhealth.org*

Tobacco Use

- All Linn County School Districts have adopted the gold standard tobacco free policy, including e-cigarettes.
- Linn County Public Health developed and distributed an informational handout on electronic smoking device policy opportunities for local businesses. *Kacey Urrutia, Tobacco Prevention Coordinator kurrutia@co.linn.or.us*
- Linn Together and Linn County Public Health are sponsoring a community training called “Dabbing and Emerging Trends”, exploring the use of electronic smoking devices and the potential implications in our community. *Danette Killinger, Linn County Alcohol and Drug, dkillinger@co.linn.or.us*

New Community Partner Profile

Linn-Benton Hispanic Advisory Committee
(HAC)



HAC members Iris Carrasco and Rosa Plascencia at the 2014 Festival Latino.

The Linn-Benton Hispanic Advisory Committee (HAC) has served for 20 years as an advisory group to organizations and agencies in Linn and Benton Counties on issues impacting the Hispanic/Latino community.

HAC, along with Albany Parks and Recreation Department, holds the Festival Latino every year in order to share resources with the community, promote Hispanic/Latino culture, and promote an inclusive community.

HAC is also dedicated to providing a voice for the Hispanic/Latino community through the advocacy of educational opportunities, identifying and recommending solutions for socially constructed barriers to existing services and resources, and providing networking opportunities for organizations wanting to connect with Hispanic/Latino audiences.

CHIP Committee Community Partners

Albany InReach Services	Lebanon School District	Mid Valley Health Care Advocates
Albany Police Department	Lincoln County Health Department	Oregon Cascades West Council of Governments (OCWOG)
Benton County Health Department	Linn-Benton Health Equity Alliance	OSU Extension
CATCH Program	Linn County Alcohol and Drug	OSU
Centennial Elementary	Linn County CAC	Samaritan Health Services
Childhood Obesity Prevention Partnership	Linn County Health Administration	Scio High School
City of Albany	Linn County Health Advisory Council	SCREEN
City of Harrisburg	Linn County Mental Health	STAND Youth Council
Community Services Consortium	Linn County Public Health	Tomando Control
Familias Activas	Linn Together	Willamette Neighborhood Housing Services
Hispanic Advisory Committee (HAC)	Linn-Benton Housing Authority	Western University of Health Services
IHN-CCO	Living Well with Chronic Conditions	WIC
IHN-CCO CAC		
Jackson Street Youth Shelter		

Want to get involved?

To get connected or share your information, please contact the Linn County AmeriCorps VISTA Wellness Coordinator,

Zoe Kellett
zkellett@co.linn.or.us

To view the current CHIP, please visit: <http://www.co.linn.or.us/health/pdf/ph/CHIPv5.pdf>